Tyndall Air Force Base, Fla. Gulf Defender April 21, 2000

## U.S. Air Force, eight international teams get "ready" for the challenge



Air Force members compete in the obstacle course during Readiness Challenge VI, held in April 1997. Readiness Challenge VII will be April 29 through May 5.

Air Force Civil Engineer Support Agency public affairs

More than 1,000 people from eight countries will visit the Panama City area April 29 through May 5 to watch, or participate in Readiness Challenge VII, an Air Force Civil Engineer, Services and Chaplain Service contingency skills competition.

The competition, held here every two years, allows teams to showcase skills needed in a wartime or contingency situation. It was originally scheduled for last April, but was cancelled just 10 days before

it began, due to United States and Allied military commitments in the Yugoslavia region.

"Individuals were gearing up for what would be a test of their contingency skills, but, instead of just testing them, they got to use them for real," said Lt. Col. Wayland Patterson, Readiness Challenge VII project officer.

The event features 12 United States and four foreign teams—Canada, the United Kingdom, Norway and Japan. This is the fourth competition for Canada, the second for the United addition to the competing foreign teams, military observers from at least four other nations are expected.

The focus is to test the ability of teams to set up and maintain support operations under barebase, war-time field conditions, including setting up components of a self-sufficient camp with living quarters, work areas, water and food service. Events cover a broad spectrum of war-

time skills from force "They learn, we learn, and beddown to base recovwe apply that to real-world ery. Chaplain competitors are tested on their ability to serve the spiritual and counseling needs of military members in a

contingency environment.

Patterson describes Readiness Challenge as an "excellent training tool" since team members rarely have the opportunity to work in a contingency environment. "During peacetime they take care of the day-to-day operations on an installation, and therefore may not always be familiar with equipment and procedures used during contingencies," he said. "They learn, we learn, and we apply that to real-world operations.'

## Town-hall meeting held to answer family-housing residents' questions

Col. J. Worth Carter 325th Support Group commander

The second quarterly military family housing town-hall meeting was held recently to update military families regarding improvements in housing at Tyndall as well as answer questions and concerns from residents of all base housing areas.

The following things were brought up during the meeting.

Ongoing housing-project update

Cove Gardens: As requested by residents at last quarter's town-hall meeting, additional street lights and an entry sign have been installed in Cove Gardens. In addition, clearing the shoreline of trees has been completed and speed bumps will be installed in the near future.

Bay View: A number of Bay View units have received upgrades including carpeting, kitchen repair, new light fixtures and painting. Approximately 30 percent of Bay View units are complete. In addition, cutting small trees and underbrush has restored the shoreline view for the Bay View residents.

Wood Manor: Additional kitchen replacements for Wood Manor 2 (40 units) and whole-house improvements (20 units) for Wood Manor 3 were awarded March 15. Work will begin May 5, and affected residents have been notified. The electrical feeder for Wood Manor is currently being replaced and expected to be

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## **Two Tyndall members pick** up command-level awards

Staff Sgt. Mona Ferrell 325th Fighter Wing public affairs

operations."

Lt. Col. Wayland Patterson

Two Team Tyndall members received recognition recently, winning command-level awards for making a difference in the commu-

Master Sgt. Launie D.D. Whelan, 325th Communications Squadron plans flight superintendent, was honored with the 2000

Federal Asian Pacific Council Meritorious Service and Outstanding Achievement Award: and Thomas A. Chatman, 325th Fighter Wing equal employment opportunity program director and chief counselor, received the 2000 National Association for the Advancement of Colored People Roy Wilkens Renown Service

●Turn to AWARD Page 2

#### ●AWARD from Page 1

Using a proactive approach,
Whelan was instrumental in getting
the Filipino-American Association of
Bay County incorporated in February
1999. Taking this a bit further, he also
campaigned for the association to join
the National Federation of FilipinoAmerican Associations, allowing
local, state and regional politicians to
see the influence and value of the
Filipino-American community.

Since being associated with the Fil-Am Association of Bay County, Whelan has been directly involved, being named special assistant to the association's president. Through his leadership and organization of community events, Whelan helped raise more than \$15,000 in 1999; the association's best year-to-date.

In addition, Whelan brought the Asian-Pacific culture to Tyndall's doorstep, heading the base's first Asian Pacific Heritage Celebration committee. Formed to tell others about different Asian Pacific cultures, Whelan, along with his committee, focused their inaugural year on "Celebrating Our Legacy." Events to teach others about different ethnic backgrounds included performances by Japanese, Filipino and Hawaiian dancers during the celebration dinner, and a food-tasting festival that included cuisine from Korea, Thailand, China, Japan, Vietnam, Hawaii and the Philippines.

"It's nice to be recognized for my efforts," said Whelan, who's won the award two years in a row. "The support I receive from the Military Equal Opportunity office, my supervisor, George Sanford, and my chain of command is phenomenal. Being involved in these associations is rewarding on its own, but it's also nice to be acknowledged for this involvement."

Being involved and making a difference is also important to Chatman. Through close cooperation with members of the MEO office, Chatman helped coordinate joint key-personnel briefings to senior leaders, managers, supervisors and employees, saving countless duplication of man-hours. He also delivered a ground-breaking briefing to the Deputy for Equal Opportunity and Office of the Assistant Secretary of the Air Force, providing insight into issues such as litigation and procurement of resources.

Using education and his leadership ability as tools, Chatman is a crucial link in identifying and bridging any communication gaps that exist between Tyndall's managers and employees. Under his guidance, the overall complaint rate on base has been reduced by over 90 percent while establishing a 50 percent EEO complaint-resolution rate in Fiscal 1998.

In addition, using his extensive knowledge and background in computer software development, Chatman automated the EEO and alternative dispute resolution processing task, dramatically improving the efficiency of those processes. The success of his userfriendly ADR Automated Tracking System database is reflected by its selection as AETC's ADR reporting standard.

Chatman first became familiar with Roy Wilkins, the award's namesake, in 1964 during a discussion with his mother while



Master Sgt. Launie D.D. Whelan

traveling to Selma, Ala., to march in a protest for desegregation across the Selma bridge, he said. "During the conversation with my mother, she acknowledged that Roy Wilkins probably had one of the most quietly profound impacts on the civil rights movement," he said. "To be a recipient of the Roy Wilkins award is a great honor for me. Wilkins believed that 'there are more people who want to do good than evil.' Much like him, I too cling to a belief — nothing in life is truly rewarding, without some degree of sacrifice.'

However, the sacrifices and contributions made by these two individuals do not go unnoticed, said Capt. Roger Scott, 325th Fighter Wing MEO chief. "These award winners illustrate, once again, how Team Tyndall members support their units, base and the community in an effort to provide fair and equitable treatment for everyone," he said. "Their efforts contribute to an environment that values diversity and fosters mutual respect and cooperation among all individuals."

Whelan will represent AETC at the annual Congressional Seminar and National Leadership Training conference May 8-12 in Washington D.C. and Chatman will represent the command at the 25th Annual Armed Services and Veterans Affairs Awards Dinner July 12 in Baltimore, Md.



Thomas A. Chatmar

## Allegations of misleading buyers leads to insurance companies being investigated

**1st Lt. Miranda Turner** 325th Fighter Wing office of staff judge advocate

The Florida Department of Insurance is currently investigating two insurance companies; American Fidelity Insurance Company and Trans World Company, because of allegations they may have misled buyers, many of whom were military members.

The companies are accused of making misleading representations to potential customers, and failing to provide customers with buyer's guides as required by law. The allegations relate to policy sales made between 1980 and 1999.

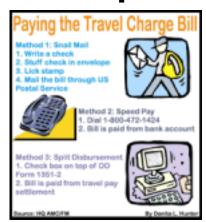
If you are a legal resident of Florida who purchased a policy from either of these companies between 1980 and 1999, did not receive a buyer's guide and believe that you were misled in purchasing the insurance policy, you may file a complaint with the Florida Department of Insurance.

Claim forms may be obtained directly from the companies as well as from the Department of Insurance. Completed claim forms must be post marked by Feb. 19, 2001 in order for the Department to investigate your case.

The department will investigate filed claims, and then contact claimants with potentially valid claims. Those claimants may be entitled to compensation for damages caused by the allegedly misleading actions of the insurance companies.

For more information, or to obtain a claim form, call the Florida Department of Insurance, (800) 342-2762.

## New options available to pay government travel-card bills



Danita L. Hunter Air Mobility Command public affairs

SCOTT AIR FORCE BASE, Ill. (AFPN) — Gone could be the days of writing checks, licking stamps and relying on the U.S. Postal Service to deliver the money to pay government travelcharge card bills to the Bank of America. Two new options are making that method of paying obsolete. Now, bills can be paid

electronically, either by the traveler via telephone or by the travel pay office when the travel voucher is paid.

In one new method, the traveler can pick up the phone, dial (800) 472-1424 and "speed pay" the bill directly from his or her bank account, after a little set-up work is done — like providing the bank's routing number and the checking account number. This can be done from anywhere 24-hours-a-day.

Another option is for the travel pay office to pay the bill when the travel voucher or interim travel voucher — if the temporary duty is more than 45 days — is paid. To do this, the traveler checks the "split disbursement" block at the top of the Department of Defense Form 1351-2 and fills in the amount to be sent to the charge card account. Any money not sent to pay the travelcard bill will be sent to the traveler's bank account. If there is a balance remaining on the charge card, the

traveler will be billed for it at the end of the billing cycle. If the traveler pays too much to the charge card, the traveler can call the 800 number and request a refund for the credit balance be issued. It's as simple as that.

No checks, no stamps, no bills to mail.

Travelers gone for more than 45 days are authorized an interim payment to pay for accrued travel expenses. The interim, or accrual voucher, provides the traveler funds to pay the government travel card bill

For instance, Air Mobility Command policy is to identify travelers who will be TDY for more than 45 days and establish the amount, recipient and timing of the interim payment before the traveler leaves home. The process should be simple, reliable and, above all, a benefit to the traveler.

The amount travelers receive will be determined by the authorized entitlement and the anticipated lodging and transportation expenses. The traveler may choose either to have the money deposited into a personal bank account and either write a check or phone in the payment, or to elect split-disbursement on the travel voucher and have the bill paid automatically. (Information provided by AMC's financial management directorate)

### **Check it out!**



Put on your platform shoes and get ready to dance the night away at the ...

## **Enlisted Club All-night Disco**

Saturday 9 p.m. until 2 a.m. Admission is free to club members; \$4 for non-club members

## AF deploys manpower to battle recruiting challenges

**Staff Sgt. A.J. Bosker** Air Force Print News

WASHINGTON — In an all-out effort to impact Fiscal 2000 accession goals, the Air Force is delaying recruiter reassignments through the remainder of this fiscal year and has already deployed 100 Air Force Recruiting Service staff members with recruiting experience to the field.

The Air Force is taking these immediate and significant steps in the battle to overcome its recruiting challenges, according to Air Force senior leaders.

Additionally, active-duty members with previous recruiting experience are being tasked for 120-day temporary-duty assignments returning them to recruiting duty by Tuesday.

To ensure those tasked get as much advance notice as possible, the preliminary tasking message went to the field April 10 and the formal tasking will be released in the next few days.

The tasking message targets 237

people deemed eligible to return for duty, according to officials. All members identified will undergo two days of refresher training before arriving at field offices. Getting this recruiting experience back into the field will be a tremendous force multiplier to the already heavily tasked recruiting force, officials said.

Explaining the TDY tasking, Brig. Gen. Paul M. Hankins, Recruiting and Retention Task Force director said, "(The Air Force) is taking the same approach as it does for contingency deployments because we believe this conveys the appropriate mindset — we are engaged in a battle to overcome our current recruiting challenges."

These temporary actions put the Air Force in a better position to meet its recruiting goals this fiscal year, according to Air Force officials. For Fiscal 2001 and beyond, the Air Force is increasing its active-duty recruiter force to 1,450 by Sept. 30, with a target of 2,000 recruiters by June 2001.



Tech. Sgt. Sean E.

#### Signing for the future

Col. J. Worth Carter, 325th Support Group commander, middle, signs a proclamation for Earth Day, while Bob Bates, 325th Civil Engineer base forester, left, and Lt. Col. Arvil E. White, 325th CES commander, look on. For a story and photos about Tyndall's Earth Day events see *Page 9*.

## Viewpoint

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Editorial content is edited, prepared and provided by the public affairs office at Tyndall. All photographs are U.S. Air Force photos unless otherwise noted.

The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129, or mailed to: 325 FW/ PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425. Public affairs staff members edit all material for ac-curacy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the Panama City News Her-

For more information, or to advertise in the newspaper, call (850) 747-

#### Safety stats

Category	'00	'99	Trend
On duty	0	0	0
Off duty	2	1	+1
Traffic	0	0	0
Sports	0	1	-1
Fatalities	0	0	0
DUIs	3	5	-2

## Team Tyndall gears up for Readiness Challenge

Col. William L. Bledsoe 325th Fighter Wing vice commander

We're beginning an important couple of weeks for Team Tyndall. Visitors from around the Air Force and the world will be visiting Tyndall for Readiness Challenge. Readiness Challenge is a

a world-wide

operations.

exercise a unit's ability

to conduct bare-base

world-wide competition to test and exercise a unit's ability to conduct barebase operations. Although the people who

perform this vital function aren't always at the forefront of the publicity, they are the ones who allow our Air Force to go anywhere in the world and get the job done.

Because our Air Force senior leadership recognize the importance of Readiness Challenge, many will visit the base next week to watch and participate in competition activities. They will also have the opportunity to see the rest of Team Tyndall in action as they visit. Let's show them the pride we have in our base by making sure our work areas look their best.

Earth Day is an important event coming up Saturday, and this year we celebrate the 30th Anniversary of the event. In addition to tree plantings and the planting of sea oats on Tyndall's beaches, if you would like to help, all you have to do is turn in your old phone book at Tyndall Elementary School before April 28 so it can be recycled. Last year, Bay County

schools collected more Readiness Challenge is than 22 tons of old phone books to competition to test and promote recycling education for our young people. Con-

tact Libbie Pippin, Tyndall Elementary School principal, at 286-6481, to coordinate your drop-off.

Finally, we've all got a great opportunity coming up April 29. The "Airmen of Note", part of the Air Force band, will be here performing at Heritage Park at 4:30 p.m. The concert is free and open to all Team Tyndall members and their guests. Bring a blanket and your family and enjoy what promises to be a first-class event. The level of talent we have in our bands is amazing, and I know you'll be glad you

Have a great Air Force Week.

#### **Action Line**



Senior Airman Carrie A. McKellar, 325th Fighter Wing information manager, goes over the quarterly awards program script with Col. William L. Bledsoe, 325th Fighter Wing vice commander.

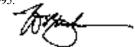
The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency. The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you're not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls. you should talk to the office of inspections, 283-4646. Calls concerning energy abuse should be referred to the energy hot line, 283-



Brig. Gen. Walter E. Buchanan III 325th Fighter Wing commander

## Use feedback as key to success

### Mandatory sessions are valuable tools to enhance career progression

Master Sgt. Jeff Vaughn

325th Mission Support Squadron first sergeant

The Air Force implemented a formal feedback into its evaluation system quite some time ago. Feedback is crucial to your success or failure, depending on how

**First** Your supervisor is required to perform an initial performance feedback with you within the first 60 days of supervision. In this, you should be given guidance on what your supervisor expects of you, placing you on the path to success in your Air Force career.

Every 180 days thereafter, you will receive a mid-term feedback on how you are performing. This will hopefully be honest, insightful and without malice; qualities that are key to you receiving constructive tools to manage your career.

The mid-term feedback works kind of like the mid-term grade card when you were in high school. Wouldn't you

rather know you're not performing to the level expected early enough to do something about it, instead of being surprised when you receive marks less than desirable?

I've been asked by students at the First Term Airmen Center how they were supposed to know when they are due for a feedback. The answer to that is simple. A member's unit orderly room will send a RIP to both the ratee and their supervisor stating that a performance feedback is due.

There is no excuse for a member not to receive timely feedback. If your supervisor doesn't provide the feedback, demand it.

Receiving feedback is one of the best ways to improve or Word | change something that needs to be changed.

Remember, an enlisted performance report counts in points towards your next stripe and feedback lets you affect that EPR. If you have questions about your feedback, contact your supervisor, your unit orderly room or your first sergeant.

Be proactive in your Air Force career, demand feedback so you can correct your shortcomings and be the best airman you can possibly be.

### **Airmen of Note**



**Bring your family** and a blanket and have a great time listening to "Airmen of Note", members of the Air Force band perform.

When: 4:30 p.m. April 29

Where: Heritage Park

**Open to all Team Tyndall members** and their guests

### ● MEETING from Page 1 complete by July 1.

<u>Felix Lake:</u> Street lighting problems have been corrected. In addition, the latest Felix Lake Phase (Redfish Point) will be dedicated May 11.

Other Projects: In the near future, a major project to repair sewer laterals and mains will be ongoing in Tyndall housing areas. During this project, some residents may have their yards disturbed, but the contractor will restore them to their original condition before completion. Additional projects planned but not yet funded include: slurry seal streets in Wood Manor; addition of driveway turnouts, roof repairs and trimming of trees and palms.

#### **Notes of Interest**

Cove Gardens Inactivation: In the next 12-24 months, Cove Gardens will be inactivated in order to sell the 33 acres to Panama City. The proceeds will be used to fund MFH at Tyndall. As of April 3, cove residents may (1) move into the local community (2) apply for a quarters-to-quarters move at member's expense or (3) remain in Cove Gardens until a permanant change of station move or until inactivation of Cove Gardens. Applicants for a quarters-to-quarters move will be placed on the waiting list in their applicable category based upon effective rank, date of rank and length of service. The application is effective on the date received.

Media Com: Subscribers should receive a \$2 credit for the month of January as a result of service interruption.

New pest management contract: Air Force guidelines state that pest management is the occupant's responsibility. The Air Force will treat houses only after the resident has performed all normal pest prevention.

Commander's Yard Incentive Program: This monthly competition runs May through August, with the Yard of the Year being selected in September. Yard of the Month winners will receive a two-day pass along with discounts and coupons for 325th Services Squad-

ron activities. Winners for Yard of the Year will receive a three-day pass along with added prizes. Residents in receipt of discrepancy notices will not be considered.

Carbon Monoxide Detectors: DGR will be installing carbon monoxide detectors during change of occupancy and preventive maintenance inspections. If a carbon monoxide detector alarms, open the windows and get air into the house, and call the fire department or dial 911. The fire department will verify whether an emergency condition exists and will contact maintenance personnel.

The following are answers to some of the questions brought up in the townhall meeting.

#### Q: Why did DGR Associates, Del Jen Inc. and the base fire department not respond recently when a Cove Gardens power pole caught on fire?

A: DGR was not called and would not respond to this type of incident. Del Jen Inc. was notified and did respond in 45 minutes from notification. A 911 call goes to the Panama City Police Department from the Cove (cell phone calls are routed to Bay County Sheriff Department for dispatch), and those agencies will in turn notify the appropriate agencies. Panama City Fire Department has primary responsibility, however 325th Fighter Wing firefighters will respond if called for these incidents. During the recent incident, the Tyndall Fire Department was not notified.

## Q: What security measures are in place for Tyndall Elementary School?

A: Libbie Pippin, Tyndall Elementary School principal, keeps in touch with the 325th Security Forces Squadron law enforcement desk and keeps them informed of any problems. Members of the 325th SFS also call Pippin in the event of heightened Threatcons. However, while we work closely with the school, they are not a part of the base. Concerns with Tyndall Elementary School should be addressed to

either school officials or the school

## Q: Why are students assigned to Tyndall housing since they are here for such a short time?

A: Most students are here for nine months and are assigned housing if we reach them on the waiting list before the end of their third month on station. It's often difficult to obtain nine-month leases, and students must maintain housing standards. However, we will look at setting up a designated area for students.

### Q: Why is the water in housing brown?

**A:** The brown water may be caused by the fire department opening valves during training exercises or by Del Jen Inc. since they maintain the hydrant system

## Q: How do Cove Gardens residents determine whom to call with what problem?

A: If it is an emergency, call 911; if it is an interior maintenance problem, call DGR, 286-6495. If the problem is with water supply, sewer or power, call Del-Jen Inc., 283-4949. The new housing brochure is being updated with phone numbers and points of contact.

## Q: Why does housing not offer the one-bedroom-per-child option as is offered at other bases?

A: The one-bedroom-per-child has been an Air Force option since 1996, but with limited housing assets, Tyndall never implemented the policy. However, the housing office began taking applications using the one-bedroom-per-child criteria as housing assets permit on April 10.

## Q: Why is the entry sign at Cove Gardens so small? Why is it not possible to install a gate at the entry to Cove Gardens?

**A:** The sign will be made larger. However, since the Panama City Police Department has law-enforcement jurisdiction, gates are not feasible.

Base officials would like to thank all town-hall meeting participants for their efforts in making Tyndall a better place to live.

### **Spotlight**



Staff Sgt. Mona Ferrell

#### Staff Sgt. Zac Turissini Senior Airman Wendy Turissini

**Squadron:** 325th Mission Support Squadron (*Zac*); 325th Communications Squadron (*Wendy*)

**Job title:** Personnel specialist (*Zac*); Air traffic control radar technician (*Wendy*)

Years at Tyndall: Four years (both)
Years in Air Force: Six years (both)

Children's name and age: Makenna, six months

**Family activities you and your child like to do together:** Playing with toys, bath time, going for walks and talking back and forth.

**Most exciting facet about being a parent:** The fact that our child is the only thing that is truly ours and no one elses.

Family's long-term goals: To raise a well-mannered, educated and respectful child.

**Favorite book you read to your child:** Christian nursery rhymes. **Favorite television show you watch together:** ESPN

(Editor's note: April is Month of the Military Child. All spotlights will focus on Team Tyndall members with children.)

## TAKE TIME WITH YOUR KIDS



Keay to them

## Don't let a night out on the town ruin your life, career

Tech. Sgt. Vincent C. Dotson 325th Fighter Wing safety office

It's after midnight and you have to be up at 7 a.m. The problem is you're toasted. You've had the time of your life and enough alcohol to drink to keep you happy until 10 a.m. the next day. Somewhere in the fog, reality strikes. You have to

You look around. Your friends are toasted too. You draw sticks

and hope for the best. Darn, you "won." You're thinking it's only a couple of "clicks" to the front gate and you don't feel that drunk. You

toss a stick of chewing gum in your mouth and off you go.

As you approach the gate you fumble

for your identification card. You're thinking if you can just get through the gate you'll be home free. As

you hand the gate guard your ID card, he's observing your every move. He noticed the way you approached the gate — weaving,

because you

for your ID

your glossy

pupils and the

way your eyes

were fumbling

The best way to prevent driving while under the influence is to have a plan  $\overset{card.\ He\ sees}{\cdot}$ before you start drinking.

> fail to focus. He hears the slur of your speech when he asks you how you're doing. All of your actions

tell him to check you out a little more closely — you're busted.

This scene occurs all too frequently. Night after night, people are caught drinking and driving. Why? Because they fail to plan. They fail to assess the risks associated with drinking and driving. If you take a minute or two to plan the evening, you can save yourself great embarrassment and save yourself from a mistake that could ruin your career.

While many of us have heard of

Operational Risk Management, many of us don't use it when we're off duty. But the Air Force six-step ORM process can be used for drinking and driving too.

There are alternatives to drinking and driving. Take a moment and apply the ORM process listed here. The best way to prevent driving while under the influence is to have a plan before you start drinking. Drinking and driving is a choice — don't make the wrong one.

## Drinking and driving ORM

Identify the hazard

Drinking alcohol and operating a motor vehicle is a hazard.

#### Assess the risk

- I could get caught, end up in jail and destroy my career.
- •I could get into an accident and kill myself or someone else.

#### Analyze the control measures

- •I could walk.
- •I could take a taxi and use the wing taxi card.
- •I could find a unit designated driver (one who won't drink alcohol).
- •I could call a friend

#### Make control decisions •Walking may be too far.

- •Taxis cost money, but everyone can pitch in and
- •Choose a designated driver beforehand.
- •Call a friend for a ride

lower the cost.

#### Risk control implementation

You have numerous choices. Pick the one that doesn't involve drinking and driving.

#### Supervise and review

Once you're sober, evaluate how well your activity went. Adjust as needed.



## **Features**

## Pediatrics: Taking care of children

**Tech. Sgt. Sean E. Cobb** 325th Fighter Wing public affairs

our child is not feeling well, has a high fever and is coughing and crying constantly. You have done everything you can think of and are starting to feel helpless. Who ya' gonna call?

Well, hopefully you call the 325th Medical Group pediatric clinic. Serving children from birth to 17 years old for active-duty military and retirees, the doctors, physician assistants, nurses, medical technicians and clinic staff can help you and your family with most childrens' health problems, said Capt. Scott A. Davis, 325th MDG pediatric clinic nurse manager.

"We provide numerous types of pediatric care. We do well-baby visits, school physicals, routine care, acute same-day care, attention-deficit disorder treatment and follow-up, patient education, asthma care and give medical advice to the child development center," Davis said. "We are also involved with the family advocacy program, especially the New Parent Program, and we do referrals for specialist care for any condition we don't treat right here."

The well-baby visits are a program that the clinic definitely likes people to know about. "We see the babies two weeks after they are born," Davis said. "This visit is very important because it is critical to detecting problems early — that is the key with babies."

However, all their programs are important to them. "In everything we do we strive to provide quality care and educate parents on appropriate home care," Davis said. "It is vital that parents know what to do and what to look for when their children are sick."

Another important service the clinic provides is call-in nurse triage. "Basically, parents can speak to an actual nurse-practitioner who can give them health-care advice," said Tech. Sgt. Joe M. Butryn, 325th MDG pediatric clinic NCOIC. "A very important part of our job is to make sure patients have access to health care. It's imperative to us that we find out what is wrong with a child and get them cared for." The call-in triage line is one of the quickest and efficient ways of accomplishing that, according to Butryn.

The number to call for the pediatric triage line is 283-7678. It is manned from 7:30 a.m.-4:30 p.m., and after those hours is automatically routed to the family practice on-call personnel, Butryn said. "So there is always someone available to assist parents with their sick child."

One of the main missions of the clinic is to provide health care for the family of military members when they are deployed and relieve them of the stress of not being here to take care of their family, Davis said. "Not being able to be there for a sick family member is bad enough," he said. "We want them to know we are here to support their families' needs — it's our job and we are glad to do it."

To do that job even better, the clinic is making some changes to improve their services and make things easier on parents and children. "There are three major changes we are initiating to better our service," Davis said. "First, in May we are transitioning to a primary care manager by name program. Under this program, patients will always see the same doctor. This will allow the patients to get to know their doctor better and take our medical care to a higher level.

"Second, we are moving all the pediatric patients' medical records to the pediatric clinic by the end of May. Moving the records will save parents a trip to another location, so they will be able to come directly here when they have an appointment," he said. "This was something the parents requested, and it is a benefit we are happy to be able to provide.

"Third, we are reorganizing our clinic for better flow and treatment services. This will allow us to see our patients faster and more efficiently and there will be less confusion for the patients."

Behind these changes is an idea that is very close to the hearts and minds of the people who work at the clinic — taking care of people. "Everything we do here is about helping other people," said Staff Sgt. Lisa M. Lang, 325th MDG pediatric clinic medical technician. "I love working with children, and so does everyone here. Even though they come here sick, we want to make sure their visit is pleasurable. We make them comfortable so they are not scared and want to come back and see the doctor again."

This is an attitude shared by others who work at the clinic. "I like the fact that we are helping children with whatever they need," said Senior Airman Suzanne C. Cournoyer, 325th MDG pediatric clinic medical technician. "It's so important that we maintain good communications with the patients and keep a good attitude — helping them is what we're here for."

Doing a good job and being the people parents can call and see when their children need health care is what the pediatric clinic is all about, Butryn said. "It makes me proud to see our staff doing such a professional job," he said. "They are great workers and they really go all out taking care of people. We are a team and we work together for our patients."

The pediatric clinic, located in Building 1404, is open from 7:30 a.m.-4:30 p.m. Monday-Friday and 9 a.m.-3 p.m. Saturday for acute appointments only. They also have extended hours 4:30-7 p.m. Monday-Friday for acute appointments only. The acute appointments are handled by the family practice clinic.



Photos by Tech. Sgt. Sean E. Cobb

Senior Airman Victor O. Krueger, 325th MDG medical technician, adjusts the sling for Sean F. Morris, son of Tech. Sgt. Chris A. Morris, 2nd Fighter Squadron dedicated crew chief.



Staff Sgt. Lisa M. Lang, 325th MDG medical technician, checks the vital signs of Kari S. Dennet, daughter of Tech. Sgt. Brian S. Dennet, 2nd FS shift supervisor, during check-in.



Capt. Lawrence D. Peavler, 325th MDG staff physician assistant, completes an ear exam for Alexis J. Brown, daughter of Lt. Col. Arthur J. Brown III, from Hurlburt Field.

### By recycling, planting and conserving we can ...

## Save the earth

**Tech. Sgt. Sean E. Cobb** 325th Fighter Wing public affairs

What do Smokey Bear, Woodsy Owl, Captain Planet and Tyndall all have in common? They are all trying to save the Earth!

Saturday is Earth Day around the world, and the people of Tyndall are participating in several programs that will be highlighted on Earth Day. Some of them will continue all year long.

During April, the Tyndall Elementary School is participating in the "Old Phone Book Recycling Contest," sponsored by BellSouth and Bay County Solid Waste Management. The contest is a program to teach children the benefits of recycling.

Each school that collects at least 50 books will receive a \$25 reward, plus five cents for every additional book collected after the first 50. In 1999, Bay County schools recycled 22 tons of old phone books that were then turned into cellulose insulation.

"The program is going great. So far, we are getting some good participation from the children," said Libbie Pippin, Tyndall Elementary School principal. "We have about 500 phone books so far, but we can use a whole lot more."

You can be a part of this special program for the children by bringing your old phone books before April 28 to the hallway right outside the school office located at

Tyndall Elementary School, 7800 Tyndall Parkway. For more information call 286-6481.

Also doing their part to save the Earth are the people at Natural Resources. To celebrate Arbor Day and Earth Day they are sponsoring the planting of five historic trees around Deer Run Nature Trail. The trees, a tulip poplar, weeping willow, white oak, red oak and green ash, represent famous people, places and events in America's history and are the first installment in a total of 30 historic trees being planted on base. Children from Tyndall Elementary School will also be helping with the planting.

"By helping to plant these trees the kids gain an appreciation of our environment," said Bob Bates, 325th Civil Engineer Squadron natural resources base forester. "The trees will also be along a nature trail and the kids will be able to come along years from now and say, 'I planted that tree.""

The trees are not the only things being planted for Earth Day, according to Bates. "We will also be planting sunflower seeds around the catfish-rearing pond," he said. "These flowers will help beautify the area and provide natural food for the wildlife."

Natural Resources is also getting together with five local Boy Scout troops to plant more than 6,000 sea oat seedlings on Tyndall's beaches. "We are looking forward to

working with the Boy Scouts on this project, it will really help us out and also be fun for the boys," Bates said.

The sea oats will help prevent beach erosion and protect the habitat of beach dwelling wildlife on Tyndall, such as the loggerhead turtles, beach mice and nesting shorebirds

The Tyndall Recycling Center is also jumping into the Earth Day action by focusing attention on increasing recycling efforts all around base, said Bob Myers, 325th Services Squadron recycling coordinator. "Overall, Tyndall does really good in their recycling efforts," he said. "We get participation from all areas of the base housing areas, offices and the dorms. We are still trying to improve that participation however. We have a lot of initiatives to reduce the amount of recyclable material going into landfills."

Some of those initiatives are a recycling workshop, education in the school and increased recycling advertising. They are also considering new segmented recycling containers for offices and compost bins for housing areas, Myers said.

So as the world gears up to celebrate Earth Day, join Smokey Bear and his friends; "Give a hoot, don't pollute;" plant a tree; throw that plastic bottle in a recycling container instead of the garbage can and do your part in preserving this Earth that the future will inherit.



WHEREAS trees are a valuable resource that significantly enhances the quality of life, beauty and natural environment;

WHEREAS Arbor and Earth Day are now observed throughout the nation and the world;

WHEREAS trees are a renewable natural resource and can reduce the erosion of our topsoil, moderate the temperature and provide for wildlife;

WHEREAS trees, whenever they are planted, are a source of joy and spiritual renewal;

THEREFORE, I do hereby proclaim this 27th day of April, 2000, Arbor and Earth Day on Tyndall AFB, Florida, and I urge all base personnel to celebrate Arbor and Earth Day and to support efforts to protect our trees and woodlands, and further, I urge all base personnel to plant trees and promote the well-being of this and future generations.

J. WORTH CARTER, Col., USAF 325th Support Group Commander



Chris E. Crowe, 325th Services Squadron recycling center laborer, empties an office recycling bin into a sorting tray. Tyndall recycled more than 79 tons of white paper in 1999.



Photos by Tech. Sgt. Sean E. Cob

Alex Mason, left, and Jerod Mason, both students at Tyndall Elementary School, stack old phone books for the "Old Phone Book Recycling Contest" being held this month at Tyndall Elementary School.

# Help your children develop, maintain good eating habits

**Sheri Ward** 

Family Advocacy outreach manager

During April, organizations such as family advocacy, Family Source of Florida, and The National Committee to Prevent Child Abuse, have asked everyone to do their part to promote childabuse prevention awareness. On behalf of all children, these offices would like to thank those who wore the blue ribbons to remind everyone that they can play an important part in preventing child abuse.

A woman once asked me if I knew the difference between a parent who abused their child and a parent who did not. I tried to give a textbook answer by describing an overworked, stressed-out parent without any support. I was surprised when she shook her head and stated "No."

She said, "Only about 10 seconds is the real answer." It does not matter who you are, where you're from or how you were raised. If a person is abused or lived in an abusive setting, this may increase the possibility of continued abuse, but does not mean that abuse will occur. However, if a person does not take steps to increase their coping skills, parenting skills or learn effective stress or anger-management skills, then 10 seconds is all it may take.

Children's eating habits makeup an area that many parents associate with stress. Healthy eating habits are important throughout life, and they are especially important during childhood. Children, who are learning and growing at a rapid rate, use a lot of energy. Their bodies need healthy foods to provide this energy. Many parents are concerned about how they can get their children to eat nutritious foods, and mealtime can become stressful for the whole family when children won't eat what a parent thinks they should.

The following suggestions by the National Committee to Prevent Child Abuse can help your children develop and maintain good eating habits.

- •Children always eat best in a relaxed atmosphere. Try to make mealtime pleasant and calm so the family can enjoy one another. Choose some other time to resolve problems.
- •Children learn from example. You are their best teacher. Examine your eating habits; that's what your children are doing.
- Don't use food as a reward or punishment.
- •Keep it simple. Your job is to provide healthy foods. Their job is to eat what they need. Don't let mealtime become a battleground.
- •When children are about a year old, they begin their search for independence. They may want to feed themselves and may not be willing to eat if someone else feeds them. Learning this skill gives children a sense of accomplishment and builds their self-confidence. It's their first step toward taking care of themselves.

- •During the toddler years, children want to make use of their newly-found ability to control their actions. This may result in refusing to eat certain foods. Keep a casual attitude and your children will get through this stage more quickly.
- •Children generally eat what they need. If they refuse to eat a meal, it's not the end of the world. In fact, they will probably eat more than usual at the next meal
- •Your children usually know how much to eat at a meal, as long as they're not distracted. Don't judge their capacity by yours. And since they aren't always able to eat enough to wait until the next meal, have nutritious snacks available.

If your children are growing well and are healthy, they probably are getting enough of the right kinds of food.

For other parenting tips or classes, call the Tyndall Family Advocacy Office, 283-7272, or the Family Source of Florida's parent helpline, (800) 352-5683



Staff Sgt. Mona Ferrel

Allison Judge, 5-years-old, eats a healthy lunch at the Tyndall Child Development Center. Eating healthy is important at any age, but even more so during a child's developing years.

### Tyndall's chapel schedule

Communion Service 9:30 a.m. Chapel 1 General Protestant Service

11:00 a.m. Chapel 2 Sunday school 9:30 a.m. Chapel 2

Kids' Club 2:45-5:45 p.m. Wednesday

Catholic

Daily Mass: noon Monday through Friday, Chapel 2; Reconciliation: 4 p.m. Saturday Mass: 5 p.m. Saturday, Chapel 2

Mass: 9:30 a.m. Sunday,

Chapel 2 Religious education: 10:40 a.m.

Sunday, Chapel 2

E-mail:

325fwhc@tyndall.af.mil Chapel 1: 283-2691 Chapel 2: 283-2925

Spiritual Maintenance: 283-2367 Other faith groups: Call 283-

2925

## Smoking to be phased out at MWR facilities

#### Linda D. Kozaryn

American Forces Press Service

WASHINGTON (AFPN) — The Department of Defense is expanding its smoking ban to include clubs, bowling centers and other morale, welfare and recreation facilities.

"We want to provide smoke-free facilities across the Department of Defense," said Sherri Goodman, Environmental Security deputy undersecretary of defense. "We started with the workplace, and now we've expanded to cover our morale, welfare and recreational facilities as well," she said.

"We want to make sure that people who are using any DOD facilities have an opportunity to do so in a smoke-free environment," Goodman said. She added that smoking is already prohibited in DOD facilities for children.

An estimated 34 percent of the nation's 1.4 million service members smoke, according to DOD officials. The Department banned smoking in all workplaces in 1994; DOD excluded living and recreation areas, however.

By December 2002, all DOD facilities will be smoke-free, Goodman said.

Smoking will only be allowed in designated, separately ventilated smoking areas. DOD officials are providing a three-year phase-in period to give the facilities adequate time to make those changes.

Although this is a sensitive issue to some people, Tyndall officials plan to be within compliance by the designated deadline. "Smoking has, and will continue to be, a very emotional issue with our service's customers," said Maj. Neil T. Suave, 325th Services Squadron commander. "Our services activities will comply with all published guidance and take the appropriate steps required to best serve Team Tyndall. At the present time, all services activities are smoke free with the exception of our business activities, which allow smoking in designated areas only."

DOD wants "to do the right thing," Goodman stressed. "We want to make sure we protect our people, maintain readiness and provide a healthy environment "

Smoking and secondhand smoke, she noted, pose serious health risks and present considerable health costs to the military. "We would like people to stop smoking," she said. "We go to great lengths to protect the health and safety of our military, and this is certainly one aspect of it."

"I think now families will feel free to bring their children, for example, into all MWR facilities, whether it's a bowling (center) or a club, and know there will be a place that will be smoke-free for their family members," she said. "I believe this is very important because our MWR facilities should be available to all military families."

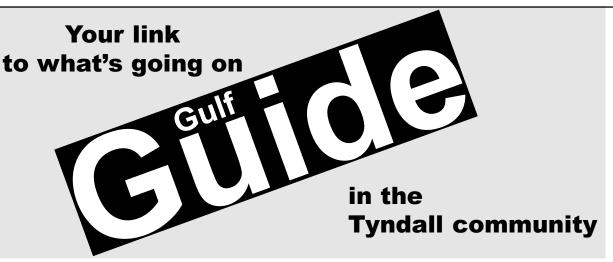
In 1997, President Bill Clinton banned smoking in all interior spaces owned, rented or leased by the federal executive branch. Smoking is only allowed in designated areas that have special ventilation and smoke-containment features.

In December, under the provisions of the president's executive order, Defense Secretary William S. Cohen approved "a limited and narrow" exception to allow a three-year phase-in period for certain MWR facilities. A DOD instruction on the policy exception is due to reach the field this summer.

Since many MWR facilities are not equipped with the special features necessary, he said, an immediate ban "would negatively effect service members' morale at a time when we are asking them to bear historically high operations tempo levels."

Installation commanders are to determine which facilities should receive the benefit of the phase-in period. In the meantime, however, those facilities must maintain separate smoking and non-smoking areas.

"Although non-smoking is our strong policy preference, it is important for our MWR activities to be seen as available and accommodating for all service members, including those who smoke," Cohen stated in a policy letter.



#### **APRIL**

**E** 21

#### **Blended families class**

A blended families class is 9-11 a.m. today in the family support center classroom. Couples who are anticipating getting married

who already have children, those who are married and have children from a previous relationship who live with you full time, grandparents raising grandchildren and adoptive parents are welcome to attend. For more information or reservations, call the family support center, 283-4204.

#### Holy Week worship

A Catholic service, Stations of the Cross, is noon today in place of daily mass. Good Friday service is 5:30 p.m. Both services will be held in Chapel 2. The Protestant Good Friday stripping of the altar service will be 7 p.m. in Chapel 1. For more information, call the chapel, 283-2925.



#### Holy Saturday worship

A Catholic Holy Saturday service, Easter Vigil, will be 7 p.m. Saturday in Chapel 2. Chapel 1 will be open for Protestants to

observe Holy Saturday private devotion. For more information, call the chapel, 283-2925.

#### 'Old School' jam

An 'Old School' '70's-'80's all-night disco jam will be 9 p.m. Saturday in the Pelican Reef Enlisted Club. Disc jockey "The Boz" will be providing music. Prizes will be given for the "baddest" '70's dresser and dancer. Admission is free for club members and \$4 for non-members.



#### **Commissary closing**

The commissary will be closed Easter Sunday, and will reopen 9 a.m. Tuesday.

#### Easter worship services

A Catholic Easter Sunday Mass will be 9:30 a.m. Sunday in Chapel 2. There will be no Confraternity of Christian Doctrine class. A Protestant Sunrise service will be 6 a.m. at Bonita Bay. Regular Protestant Sunday worship will be 9:30 a.m. in Chapel 1 and 11 a.m. in Chapel 2. There will be no Sunday School.



#### **Theater auditions**

Auditions for the Kaleidoscope Theater productions "Lone Star" and "Private Wars" will be 7 p.m. Monday and Tuesday at the

theater, 207 E. 24th St., one block east of the Lynn Haven Post Office on Highway 77. Three men between the ages of 21-40 are needed for the productions. Tyndall members are invited to audition. For more information, call Kaleidoscope Theater, 265-3226.

#### Sailing class

The Coast Guard Auxiliary Flotilla 19's sailing fundamentals class will continue 7-9 p.m. Monday in the auxiliary classroom next to the Coast Guard station. This course meets Mondays and Wednesdays through May 8. The class will call the education center, 283-4285.

teach seamanship and navigation rules. There is no charge for the instruction, but a \$25 material charge is necessary for the book and study guide. For more information, call 769-1896 or 747-4973.



#### Immunization clinic relocation

Tyndall's immunization clinic will relocate Tuesday to the main lobby of the 325th Medical Group Clinic across from the outpatient records

section. The clinic will be closed Tuesday and reopen 7:30 a.m. Wednesday. For more information, call the immunization clinic, 283-7570.



#### **CCAF** graduation ceremony

The spring 2000 Community College of the Air Force graduation ceremony will be 2 p.m. Thursday in the Pelican Reef Enlisted Club's

ballroom. The education center will be closed 1:30-4:30 p.m. because of the graduation.



#### Finance closed

The 325th Comptroller Squadron will be closed 2 p.m. April 28 for an official function.

#### **Mexico Beach Ling Tournament**

The 30th Annual Mexico Beach Ling Tournament and festival will be April 29. Anglers can sign up at the Hide-A-Way Harbor Marina, Marquardt's Marina or the Mexico Beach Visitor Information Center until the Captain's Meeting April 28 at the Hide-A-Way Harbor Marina. The fee is \$100 per boat. Following the tournament, an awards ceremony and beach party will be held at Mexico Beach's Sunset Park. For more information, call (888) 723-2546.



#### Hurricane-awareness briefing

A hurricane-awareness briefing for spouses of deployed or remote service members will be 5:30-6:30 p.m. April 29 in the family support

center classroom. For more information, call the family support center, 283-4204.

#### **NOTES**

#### **AFCESA** quarterly award winners

The quarterly award winners for the Air Force Civil Engineer Support Agency are: Capt. Tim McWilliams, AFCESA contracting staff officer, Company Grade Officer category; Senior Master Sgt. Clyde Young, AFCESA snow and ice control program manager, Senior NCO category; Staff Sgt. Holly Juriga-Alford, AFCESA supply technician, NCO category.

#### Officer Training School

The Officer Training School holds selection boards every six weeks. If you are an enlisted member, have a four-year degree (or are within nine months of completing it), appropriate grades, Air Force Officer Qualifying Test scores and can meet the board and be commissioned before turning 35, you are encouraged to apply. To schedule an appointment with an education counselor, call the education center, 283-4285.

#### Library volunteer openings

Volunteer job openings are available at the Tyndall Library. Duties may include everything from storytelling to checking out materials. For more information, call Ken Horton at the family support center, 283-4204.

#### **Regents College Award**

The New York Regents College has announced the annual Catherine Craig-Erhardt Award for service members graduating from Regents College between July 1999 and June 2000. Anyone whose graduation falls between those dates can call Wanda Kirkpatrick at the Tyndall Education Center, 283-4285.

#### Identification card renewal

The 325th Mission Support Squadron's customer service advises anyone needing a new ID card to stop by their office 30 days before their card expires. For more information, call customer service, 283-2276.

#### Scout leaders needed

Tyndall's Cub Scout Pack 388 is looking for den leaders and cub masters. Anyone interested can call Tech. Sgt. Jerry Cash, 283-3821or Natalie Hollingsworth, 286-4823.

#### YARD SALES

The following yard sales are scheduled for Saturday: 3118-B Dagger Drive and 3182-B Voodoo Drive. All yard sales are held between 8 a.m.-4 p.m.

#### **BASE THEATER**

**Today:** "Drowning Mona" (PG-13, some thematic elements, language and brief sexuality, 95 min.)

**Saturday:** "Reindeer Games" (R, strong violence, language and sexuality, 104 min.)

**Sunday:** "Reindeer Games" (R, strong violence, language and sexuality, 104 min.)

**Thursday:** "Three Strikes" (R, pervasive language, strong sexual content, some drug use and violence, 83 min.)

#### BERG LILES DINING FACILITY

#### Today:

Lunch: savory-baked chicken, pasta with clam sauce Dinner: ginger-barbecued chicken, onion-lemon baked fish

#### **Saturday:**

Lunch: braised spareribs, grilled mustardy chicken breast Dinner: creole fish fillets, chicken nuggets

#### Sunday

Lunch: baked ham, herb-baked chicken Dinner: chili macaroni, roasted turkey

#### Monday:

Lunch: veal Parmesan, teriyaki chicken Dinner: Caribbean jerk chicken, spicy-baked fish

#### **Tuesday:**

Lunch: baked turkey and noodles, Zula's spinach-cheese biscuit wrap

Dinner: roasted pork loin, lemon-herbed chicken

#### Wednesday:

Lunch: tamale pie, chicken enchiladas Dinner: lemon-baked fish, jaegerschnitzel

#### Thursday:

Lunch: Chinese five-spice chicken, seafood pie Dinner: grilled bratwurst, chicken enchiladas

Menus are subject to change.

## Team Tyndall volunteers make a difference in children's lives

Lt. Col. Ann Cottongim

Air Education and Training Command individual mobilization augmentee

When the police arrived, they could hear the little boy still screaming. He was four years old. His mother had called the Department of Children and Families to say she was going to kill him if they didn't come pick him up. When they rushed to the house, it was to find him already beaten and locked in a closet.

Staff Sgt. Terrance Walton, 325th Medical Group personnel specialist, became the little boy's Guardian ad Litem, and many would say he also became his guardian angel. Walton has volunteered with the court program in Panama City for almost three years. The little boy who was to become Walton's first case went on to find a safe home away from the abusive mother.

"It's amazing what people will do to their kids," Walton said, shaking his head in disbelief. "I know I make a difference in their lives as a Guardian ad Litem volunteer. And, I enjoy the kids, seeing them with Santa at a Christmas party, or at Under the Oaks park during the Summer Fun Day the program throws.

Senior Master Sgt. James Fowler, former 325th MDG first sergeant, agreed. "With this program, the kids are the only thing that are important," said Fowler, who recently made a permanent change of station move to Maxwell AFB, Ala. "Guardian ad Litem does a lot of good things for children who haven't had the best lives. I enjoy giving them some special attention and making sure they have a safe, permanent home."

Fowler said he decided to volunteer when he was looking for some way to get involved in the community in 1994. Since then, he estimates he has worked on almost 50 cases, with as many as eight active cases at one time.

"I used to make a circle one night a week, starting at Gay Avenue and going to Flower Avenue," he said. "The kids were always waiting, expecting to see me. It didn't seem like much to offer — one night a week to see so many children and make sure they were safe."

Walton and Fowler are two of many Tyndall people — officer, enlisted, civilian and spouses, who volunteer to speak up for abused and neglected children as their Guardians ad Litem. Approximately 170 volunteers in the area's 14th Judicial Circuit, headquartered in Bay County, represented more than 800 children during 1999.

The trained and certified volunteers become "the judge's eyes and ears," said June Lashbrook, Guardians ad Litem program circuit director. "We literally couldn't do the job without our military community," she said. "Their experience and guidance is invaluable when we have a case involving a military family. Child abuse cuts across the social spectrum, though most people are unaware of just how pervasive it really is."

Having a military presence in the program is important, said Fowler, who has recommended the program to a few people that he works with.

"I represented the children of one military member who had just left the service," he said. "He stabbed his wife three times and their kids witnessed the attack. It turned out he had been beating her for years. When I went to court on that one, the dad was brought in wearing shackles — and I was glad of it.

"It's not for the weak at heart," Fowler said. "But I'd quit my job to do it if I had to. I'd recommend it to anyone willing to put their heart into it — the kids deserve it."

## **Sports and fitness**

# **Experience the cosmic action; go to Raptor Lanes**

George Fetzko

Raptor Lanes manager

When the Tyndall bowling center closed for renovation last spring, the image that may have been in bowlers' minds was a drab, brown seventies-era cave with a microwave snack bar.

What a difference from how it is now

It has neon-colored and airplane-covered walls, and the new furniture and decorative accents have made the facility a bright, fun place with a brand new name.

Raptor Lanes, in my opinion, is the coolest, most fun place to be on base. Glow-in-the-dark bowling with stereo surround sound ensures a high-energy atmosphere for both the young and not so young.

Families can enjoy bowling in this atmosphere and get hotdogs and fountain drinks for a special family price 3-9 p.m. Saturdays and 1-5 p.m. Sundays. We can also make your child's birthday party special with gutter bumpers to help even the youngest bowler hit the pins.

We also have programs to improve your bowling. The summer-bowling program will include clinics, exhibitions and lessons from certified instructors. In addition to advice on form and technique, bowlers or potential bowlers will receive advice on shoes, balls and other accessories.

Summer leagues will be starting up soon and now is the time to sign up. They include mixed leagues on Monday and Wednesday nights, youth and adult leagues on Tuesday night, a ladies' league on Thursday morning, cosmic-bowling league on Friday night and a Peterson Point League on Sunday night.

One of the greatest changes to Raptor Lanes is the addition of a full-service snack bar to replace the former microwave kitchen. If you haven't tried the spicy curly fries, onion rings or chicken fries, you don't know what you're missing. The Raptor Burger, our signature sandwich specialty for hungry bowlers, is a half pound all-beef patty with grilled mushrooms, onions and cheese on a sesame seed bun. Meal-deal cards provide snack bar customers a free meal and one free game of bowling after the purchase of 15 meals during a two-month period.

Now you can stretch your dollar even further at Raptor Lanes. Play-and-Save cards, good from April 1 through Sept. 1, allow a person to bowl 40 games for \$30. They are good during regular open bowling, not including league play or scheduled time for Cosmic Bowling. Through the month of May, the pro shop will also offer a 15 percent discount on all in-stock items.

Pick up a bowling calendar or check the Funshine News, *Page 14*, for some special tournaments with nice cash prizes in June, July and August.

Check us out. We guarantee you will be pleasantly surprised.
For more information, call

For more information, call Raptor Lanes, 283-2380.



Pat Dechape, 325th Services Squadron Raptor Lanes head mechanic, makes minor adjustments to a pin-loading machine.

## Belt out a tune



Thursday is karaoke night at the Pelican Reef Enlisted Club. Show up and sing or listen from 8 to 11 p.m.

### Intramural volleyball

Team	$\mathbf{W}$ - $\mathbf{L}$	GB	
CONR	7-0	_	
81 TSS	6-0	.5	
NCOA	7-1	.5	
MED GP	6-1	1.0	
COMM 1	6-2	1.5	
95 FS	3-1	2.5	
2 FS	5-2	2.0	
AFCESA	5-2	2.0	
325 OSS	5-3	2.5	
325 CES	3-3	3.5	
RHS	3-4	4.0	
325 TRS	3-5	4.5	
COMM 2	3-6	5.0	
325 SVS	3-7	5.5	
TEST	2-5	5.0	
325 MXS	2-6	5.5	
325 MSS	2-8	6.5	
1 FS	1-8	7.0	
83 FWS	0-8	7.5	

W-L = Wins/losses GB = Games back from first place





#### **Pressing on**

Senior Airman Jenny L. Bailey, 2nd Fighter Squadron operations resource management journeyman, pushes out the repetitions on the chest-press machine at the health and wellness center. Building muscle mass helps increase your body's metabolism.

